

**WHAT IS CLAIMED:**

1. A foot assessment device comprising:  
a marker adapted for application to a talar-head region of the foot and adapted to aid visual inspection of the foot in a first position and a second position.
- 5 2. The device of claim 1 wherein the marker comprises an elongated shaft.
3. The device of claim 1 further comprising:  
a template adapted to align the foot in the first position.
4. The device of claim 1 further comprising:  
a template adapted to receive the foot in the second position.
- 10 5. The device of claim 1 further comprising:  
a template adapted to align the foot in the first position and the template further adapted to receive the foot in the second position.
6. The template of claim 5 further comprising:  
a first region adapted to represent a first amount of pronation of the foot in the  
15 second position; and

a second region adapted to represent a second amount of pronation of the foot in the second position.

7. A device for assessing pronation of the foot, the device comprising:

5 a template comprising a first region adapted to represent a first amount of pronation of the foot in the second position, and a second region adapted to represent a second amount of pronation of the foot in the second position.

8. The template of claim 7 further comprising an alignment guide adapted to align the foot in the first position.

9. The template of claim 8 wherein the alignment guide is adapted to align the foot  
10 in a subtalar-joint-neutral position.

10. A device for assessing pronation in the foot, the device comprising:

an elongated indicator adapted for application to a talar-head region of the foot and adapted to aid visual inspection of the foot in a first position and a second position;

15 a template adapted to align the foot in the first position and the template further adapted to receive the foot in the second position; and

the template further comprising a first region adapted to represent a first amount

of pronation of the foot in the second position, and a second region adapted to represent a second amount of pronation of the foot in the second position.

11. A method of assessing the amount of pronation in a foot, the method comprising:  
observing the talar-head region of the foot in a subtalar-joint-neutral position; and  
5 assessing the amount of pronation by watching the talar-head region of the foot rotate from the subtalar-joint-neutral position to a relaxed position.
12. A method of assessing the amount of pronation in a foot, the method comprising:  
providing a marker;  
attaching the marker to a talar-head region of the foot;  
10 placing the foot in a first position;  
moving the foot in a second position; and  
observing the movement of the marker as the foot moves from the first position to the second position, and the movement corresponding to the amount of pronation of the foot.
- 15 13. A method of assessing the amount of pronation in a foot, the method comprising:  
providing a template;  
aligning the foot in a subtalar-joint-neutral position;

relaxing the foot to a second position; and  
observing the displacement of a talar-head region of the foot.

14. A method of selecting footwear comprising:

placing the foot in a first position;

5 moving the foot to a second position;

observing the relative displacement of the foot from the first position to the  
second position, the displacement corresponding to an amount of pronation of the  
foot; and

selecting footwear based on the amount of pronation.

10 15. The method of claim 13 wherein placing the foot in a first position further  
includes:

placing the foot in a subtalar joint-neutral position.

16. The method of claim 13 wherein moving the foot to a second position further  
includes moving the foot to a relaxed position.

15 17. The method 13 of claim further comprising providing an elongated indicator.

18. The method of claim 13 further comprising providing a template.

19. The method of claim 14, where the amount of pronation is matched to one or more items of footwear stored in an electronic database.
20. The method of claim 19 where the amount of pronation is match to the database via an electronic data network.
- 5 21. A device for assessing pronation in the foot, the device comprising:  
a marker including a reflective material and adapted for application to a talar-head region of the foot;  
a light source to reflect light off the marker to measure displacement of the talar head as it moves from a first position to a second position; and  
10 a processor for calculating the displacement and relating the displacement to an amount of pronation.
22. The device of claim 21 further comprising an output device for displaying the amount of pronation.
23. The device of claim 21 further comprising a database for storing a selection of  
15 footwear related to the amount of pronation of the foot.